

Rooted

Biblical Business Academy's Flagship Course

T: Thankful

Foundational Verse: Scripture Reference: Psalm 100

Make a joyful noise to the LORD, all the earth!

² Serve the LORD with gladness!

Come into his presence with singing!

³ Know that the LORD, he is God!

It is he who made us, and we are his,^[a]

we are his people, and the sheep of his pasture.

⁴ Enter his gates with thanksgiving,
and his courts with praise!

Give thanks to him; bless his name!

⁵ For the LORD is good;

his steadfast love endures forever,

and his faithfulness to all generations.

Questions & Prompts:

Q. Are you making space to intentionally enter God's presence with thanksgiving?

Q. Where does your service look like gratitude & where does it look like approval seeking or something else? How are you able to define the difference?

Remind yourself of the moments you've PRAYED for what you're currently struggling with...

Q. What is your current rhythm for practicing gratitude?

Q. What is your current rhythm of regular affirmations?

Q. How are you making space to REFRAME the not so positive thoughts you're thinking/writing so that they're actually elements to learn from as opposed to aspects to feel frustrated by?